

ABSTRACT OF THE DISCLOSURE

5 A personalized health video system, method and apparatus which comprises the  
components of: a personal data collecting device, Internet enablement device, information  
system, video serving device, server operating system, user operating system, graphical  
creation device, viewing device, audio device, relationship generating device, script  
generating device, charts generating device, chart reviewing device, and video library  
device; the components arranged and interconnected and enabled in an operating  
10 personalized health video system.